

FACULTY OF SCIENCES

SYLLABUS FOR THE BATCH FROM THE YEAR 2022 TO YEAR 2025

Programme Code:-CS

Programme Name: Diploma in Cosmetology

(Semester I- II)

Examinations: 2022-2025



Department of Fashion Designing

Khalsa College, Amritsar

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(b) Subject to change in the syllabi at any time.
(c) Please visit the College website time to time.

S.No.	PROGRAMME OBJECTIVES
PO 1.	.Perform natural nails services including manicuring and pedicuring.
PO 2.	Perform basic skin care services including skin analysis, facials, makeup application and superfluous hair removal
PO 3.	Perform salon business such as front desk operations, dispensary inventory and loss prevention, resume building and interviewing skills, self-marketing and the basic knowledge of starting one's own salon business.
PO 4.	Possess the necessary skills to pass the Washington State licensure written and practical exams required for a professional license to work in the Cosmetology industry

S.No.	PROGRAMME SPECIFIC OUTCOMES (PSOS)
PSO-1	. Practice and understand precautions to be followed while working during the jobs.
PSO-2	Develop good appearance and behavior, practice, tasks as per industry standard and express good communication skill.
PSO-3	Prepare and maintain work area and maintain health and safety at the work place.
PSO-4	Carry out epilating and depilation services. Carry out manicure and pedicure services.
PSO-5	Understand cosmetic color theory and apply appropriate cosmetics to enhance a client' appearance.
PSO6.	Perform hair care services for all types of hair including hair analysis, hair cutting, hairstyling, hair coloring and lightening, permanent waving and chemical relaxing

COURSE SCHEME							
SEMESTER - I							
Course Code	Course Name	Hours/Week	Max. Marks				Page No.
			Th	Pr	IA	Total	
CS 111	Basic Beauty Culture (Theory)	4	37	-	13	50	4-5
CS 112	Hair Care & Health Fitness (Theory)	4	37	-	13	50	6-7
CS 113	Fundamentals of Beauty (Practical)	4	-	37	13	50	8-9
CS 114	Hair Designing & Yoga Asana (Practical)	4	-	37	13	50	10-11
Total			200				

COURSE SCHEME							
SEMESTER - II							
Course Code	Course Name	Hours/Week	Max. Marks				Page No.
			Th	Pr	IA	Total	
CS 121	Makeup & Nail Art (Theory)	4	37	-	13	50	12-13
CS 122	Chemical Hair Procedure (Theory)	4	37	-	13	50	14-15
CS 123	Advance Beauty Culture (Practical)	4	-	37	13	50	16-17
CS 124	Body Therapy & Hair Chemical (Practical)	4	-	37	13	50	18
Total			200				

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-I
COURSE CODE:CS 111
COURSE TITLE: BASIC BEAUTY CULTURE (THEORY)**

Credit Hours(per week):Th 04hrs
Total credit hours (per sem):Th 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

Note: Medium of Examination in English, Hindi, Punjabi language.

INSTRUCTIONS FOR PAPER SETTER:

1. There will be five sections.
2. Section A Carries 9 marks and is compulsory consisting of eight short answer type questions of 1.5 marks each covering the whole syllabus. The candidate will have to attempt six questions in section A.
3. Sections B, C, D and E will be set from unit I, II, III, &IV respectively and will consist of two questions of 7 marks each from the respective unit. The candidates are required to attempt one question from each of these sections.

COURSE CONTENTS:

To provide basic knowledge of the Natural Herbs & Plants and Cosmetics.

2. To understand the various Make-up Pattern. 3.

UNIT - I

1. COSMETOLOGY

- Aims and objectives
- Importance

2. PERSONAL GROOMING

- Care of yourself: - Mouth, Teeth, Eyes, Ears, Feet, Removing body hair, Nails and hand Care, Care of clothing
- Visual poise: - Standing, Sitting and Walking
- Basic table manners.
- How to get into a car
- How to carry accessories.
- Wardrobe Planning

UNIT- II

3. SKIN

- Structure of skin.
- Function of skin
- Common skin problems(acne, pigmentation, wrinkles, black heads)
- Skin types and skin analysis
- Describe the melanin

UNIT-III

4. FACIALS:-

- Benefits of massage
- Massage methods
- Massaging techniques

- Plain facial
- Facial treatment of acne, pigmentation, wrinkles, black heads removing with natural herbs/ingredients.

UNIT - IV

5. BASIC MAKE-UP STEPS:-

- Base Make-up
- Base Make-up According to day/night
- Facial shape analysis
- Casual and formal Make-up
- Make-up according to weather, occasion and with matching dress

HAIR REMOVING METHOD:-

- Waxing
- Threading/tweezing.
- Bleaching.

BOOKS PRESCRIBED:

- Beauty Basics: The Official Guide to Level 1 by Lorraine Nordmann | 16 May 2007
- Beauty Basics by Lorraine Nordmann | 1 December 200

COURSE OUTCOMES:

- Students can demonstrate different skin treatments .
- Students can give treatments on pigmentation of skin.
- Students will have knowledge of basic etiquettes of beautician.
- Students will learn different grooming so that they do grooming of necks, eyes, nose, ear and body so that they can enhance their personality.

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-I
COURSE CODE:CS 112
COURSE TITLE:HAIR CARE & HEALTH FITNESS (THEORY)**

Credit Hours(per week):Th 04hrs
Total credit hours (per sem):Th 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

Note: Medium of Examination in English, Hindi, Punjabi language.

INSTRUCTIONS FOR PAPER SETTER:

1. There will be five sections.
2. Section A Carries 9 marks and is compulsory consisting of eight short answer type questions of 1.5 marks each covering the whole syllabus. The candidate will have to attempt six questions in section A.
3. Sections B, C, D and E will be set from unit I, II, III, &IV respectively and will consist of two questions of 7 marks each from the respective unit. The candidates are required to attempt one question from each of these sections.

COURSE OBJECTIVES:-

To create awareness about body Fitness with Yoga
To impart knowledge about Hair and Hair Shaping

COURSE CONTENTS:

UNIT-I

1. YOGA:-

- (a) Benefits of yoga, Rules of yoga.
- (b) Benefits of aerobics.

UNIT-II

2. YOGA ASANS:-

- (a) Shav asana (f) Dhanur asana
- (b) Gomukh asana (g) Chakar asana
- (c) Vajar asana (h) Tar asana
- (d) Bhujang asana (i) Pashchimottan asana
- (e) Hala asana (J) Pawanmukt asana

UNIT-III

3. HAIR:-

- (a) Structure of hair.
- (b) Hair disorders (Dandruff, Aleopecia, Hair fall. White hair, Head lice).
- (c) Hair growth and replacement.

UNIT-IV

4. HAIR SHAPING WITH HAIR CUT:-

- (a) Sectioning of hair.
- (b) Preparation of hair cut.
- (c) Technique of hair cut.

(d) Basic hair cut like trimming. U-cut, V-cut, feather cut, Layers and razor cut.

EQUIPMENT SANITIZING BRUSHES, COMBS

BOOKS PRESCRIBED:

- Secret of Healthy Hair: Your Complete Food & Lifestyle Guide for Healthy Hair with Season Wise Diet Plans and Hair Care Recipes by La Fonceur | 24 August 2019
- The Beauty, Complete Book of: A practical step-by-step guide to skincare, make-up, haircare, diet, body toning, fitness, health and vitality, with over 1000 photographs by Helena Sunnydale | 2 April 2018

COURSE OUTCOMES:

- Students will have knowledge of HairStructure and types of hair , different hair treatments such as applying hair shampoo,conditioner, chemicals and mehendi.
- Students will learn different hair cut and different hair style.

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-I
COURSE CODE:CS 113
FUNDAMENTALS OF BEAUTY (PRACTICAL)**

Credit Hours(per week):Pr 04hrs
Total credit hours (per sem):Pr 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

INSTRUTIONS FOR PAPER SETTER:

- Paper will be set jointly by the Internal and External examiner on the spot.

COURSE OBJECTIVES:

To learn organizing Fashion Show Program and beauty trend programs.
To identify the Skin types & Hair types for special treatment

COURSE CONTENTS:

1. MASSAGE:-

- (a) Benefits of massage.
- (b) Massage methods.
- (c) Massaging techniques

2. FACIAL:-

- (a) Preparation of facial
- (b) Skin analysis
- (c) Plain facial
- (d) Different facial for different skin type and different skin problems:-
 - Black head removing.
 - Application of thermo pack.
- (e) Facial with natural herbs and ingredients.
- (f) Treatment of acne, pigmentation, wrinkles.
- (g) Vegetable peeling.

3. REMOVING BODY HAIR:-

- (a) Waxing, Tweezing, Threading.
- (b) Use of chemical applicators.
- (c) Bleaching.

4. MAKE-UP:-

- (a) Analysis of facial shape.
- (b) Base make-up according to day/night, weather, and occasion according to dress.
- (c) Casual and formal make-up.
- (d) How to choose correct make-up
- (e) Applications of different type of base make-up.

5. MEHNDI:-

- (a) Arabian mehndi
- (b) Simple mehndi
- (c) Bridal mehndi.

BOOKS PRESCRIBED:

- 78 Fundamentals Of Beauty: A Collection Of The Best Beauty Tips And Secrets – Ultimate Hair And Makeup Tips, Great Skin Care Advice And Cosmetic Procedures To Achieve Total Beauty!by Barbara J. Henderson | 7 March 2011
- Quantum Mechanics of Fundamental Systems: The Quest for Beauty and Simplicity: Claudio Bunster Festschrift Hardcover – Illustrated, 13 March 2009 by Marc Henneaux (Editor), Jorge Zanelli (Editor)

COURSE OUTCOMES:

CO1-Students will learn basic facial steps.

CO2-Students can demonstrate different practical of facial.

CO3 Students will study standard measurements of eyebrows, color co-ordination for different advance make-ups such as basic, professional and corrective make-ups.

CO4 Students will gain knowledge of different make-ups and preparation for make-ups such as vanity set up which include techniques to setup vanity by using different equipments.

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-I**

COURSE CODE: CS 114

COURSE TITLE: HAIR DESIGNING & YOGA ASANA (PRACTICAL)

**Credit Hours(per week):Pr 04hrs
Total credit hours (per sem):Pr 60hrs**

**Total Marks: 50
Theory: 37
Internal Assessment: 13**

INSTRUCTIONS FOR PAPER SETTER:

- Paper will be set jointly by the Internal and External examiner on the spot.

COURSE OBJECTIVES:

- To learn different types of hair dressing and their trend programs.
- To identify the different yoga asana & Hair types for special treatment

COURSE CONTENTS:

Practical

1. YOGA ASAN

- | | |
|-------------------|------------------------|
| (a) Shavasan | (f) Dhanur asana |
| (b) Gomukh asana | (g) Chakar asana |
| (c) Vajar asana | (h) Tar asana |
| (d) Bhujang asana | (i) Paschimottan asana |
| (e) Hala asana | (j) Pawanmukt asana |

2. HAIR CARE

- (a)Shampooing- Procedure, types of shampoo.
- (b) Scientific brushing on wet hair.

3. SCALP TREATMENT, APPLYING MASK, CONDITIONERS.

- (a) Scientific brushing on different types of hair.
- (b) Scalp manipulation
- (c) Scalp treatment (lice, hair treatment)
- (d) Dandruff Treatment
- (e) Removing of split end

4. HAIR SHAPING

- (a) Blow Dryer
- (b) Temporary Straightening
- (c) Crimping
- (d) Different Style of Hair Curls

5. USE OF SPRAY, GEL, MOUSSE, VOLUMIZERS ETC.

6. HAIR CUTS:-

- (a) Hair Sectioning (Basic)
 - (b) Hair sectioning acc. to different basic haircuts.
 - (c) Preparation of hair cut.
- (d) Basic hair cut like trimming, U-cut, V-cut, feather cut, layers and razor cut.

BOOKS PRESCRIBED:

- Self-Instructor in the Art of Hair Work: Dressing Hair, Making Curls, Switches, Braids, and Hair Jewelry of Every Description Paperback – Import, 22 October 2018
by Anonymous (Author)
- Aarogya Yoga: Aasan-Pranayam, Dharana-Dhyan Paperback – 1 December 1998
- Marathi Edition by B.K.S. Iyengar (Author)

COURSE OUTCOMES:

CO1- Students will analyze different hair structures and hair treatments such as applying hair shampoo, conditioner and chemicals.

CO2- Students can demonstrate practical of different hair cuttings and hair styles

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-II
COURSE CODE:CS 121
COURSE TITLE:MAKEUP & NAIL ART (THEORY)**

Credit Hours(per week):Pr 04hrs
Total credit hours (per sem):Pr 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

Note: Medium of Examination in English, Hindi, Punjabi language.

INSTRUCTIONS FOR PAPER SETTER:

- There will be five sections.
- Section A Carries 9 marks and is compulsory consisting of eight short answer type questions of 1.5 marks each covering the whole syllabus. The candidate will have to attempt six questions in section A.
- Sections B, C, D and E will be set from unit I, II, III, &IV respectively and will consist of two questions of 7 marks each from the respective unit. The candidates are required to attempt one question from each of these sections.

COURSE OBJECTIVES:

- To impart knowledge about Hand Care & Make-up

COURSE CONTENTS:

UNIT-I

1. NAILS: -

- (a) Structure of nails.
- (b) Disorders and diseases of nails.
- (c) Nail spa.
- (d) Nail art.

UNIT-II

2. EYES: -

- (a) Care of eyes.
- (b) Exercise of eyes.
- (c) Eye brow shaping.
- (d) Different type of make-up(dramatic make-up, smoky make-up, winged make-up)
- (e) Applications of fake eye lashes.
- (f) Eye treatment with home remedies.

UNIT-III

3. CARE OF HAND AND FEET: -

- (a) Method of Pedicure and Manicure.

UNIT-IV

4. MAKE-UP: -

- (a) Art of camouflage, Products and application.
- (b) Engagement make-up.
- (c) Bridal make-up.
- (d) Correct make-up of eyes, nose, cheeks, jaw line, lip line.
- (e) Reception make-up.
- (f) Dupatta Setting.
- (g) Sari Drapping.

BOOKS PRESCRIBED:

- [2 BOOKS IN 1] - Guide to Everyday Makeup - Female Beauty Secrets - Always Perfect Nails - Nail Art Decorations and Gel Reconstruction: This Book ... - Rigid Cover - Premium Version -Italian
- Italian Edition | by Female Beauty - World | 8 July 2021

COURSE OUTCOMES:

CO1-Students will study standard measurements of eyebrows, color co-ordination for Different advance make-ups such as basic, professional and corrective make-ups.

CO2-Students will gain knowledge of different make-ups and preparation for make-ups such as vanity set up which include techniques to setup vanity by using different enhanced equipments.

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-II**

COURSE CODE: CS 122

COURSE TITLE: CHEMICAL HAIR PROCEDURE (THEORY)

Credit Hours(per week):Th 04hrs
Total credit hours (per sem):Th 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

Note: Medium of Examination in English, Hindi, Punjabi language.

INSTRUCTIONS FOR PAPER SETTER:

- There will be five sections.
- Section A Carries 9 marks and is compulsory consisting of eight short answer type questions of 1.5 marks each covering the whole syllabus. The candidate will have to attempt six questions in section A.
- Sections B, C, D and E will be set from unit I, II, III, &IV respectively and will consist of two questions of 7 marks each from the respective unit. The candidates are required to attempt one question from each of these sections.

COURSE OBJECTIVES:

- Value of Nutrition & Colours
- To impart knowledge about Advance Techniques & Salon Management

COURSE CONTENTS:

UNIT-I

1. NUTRITION:-

- Rule of nutrition: Protein, Carbohydrates, Fats, Minerals, Vitamin A, B, C, B- Complex, B3 and their food sources.
- Basic five food groups.

UNIT-II

2. HAIR COLORING:-

- Global coloring.
- Hair streaking.
- Method of color mixing.
- Method of color applications.
- Color cutting.
- Heena applications.

UNIT-III

3. HEAD MASSAGE:-

- Technique of head massage.
- Hair problem treatments with natural masks and packs.

4. HAIR REPAIR TREATMENT AFTER THE USE OF CHEMICALS:-

- Hair Spa.
- Deep Conditioning.
- Hair Polishing.

UNIT-IV

5. USE OF ADVANCED TECHNIQUES ON THE HAIR:-

- Rebonding
- Perming.

6. SALON MANAGEMENT:-

- Qualities and duties of salon management.
- Common equipments used in salon.
- Planning and layout of salon.

BOOKS PRESCRIBED:

- Chemical and Physical Behavior of Human Hair Hardcover – Import, 1 January 2002 by Clarence R. Robbins (Author)
- Olive Oil and Health Hardcover – Import, 30 May 2006 by Jose Quiles (Editor), Carmen Ramirez-Tortosa (Editor), Parveen Yaqoob (Editor)

COURSE OUTCOMES:

CO1 -Students will learn basic steps of massage.

CO2-Students can demonstrate different massage on body

CO3 -Students will have knowledge of making and applying masks and pack such as Facial Mask and Head Massage Pack.

CO4-Students will study different type of mask and cosmetics.

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-II**

COURSE CODE: CS 123

COURSE TITLE: ADVANCE BEAUTY CULTURE (PRACTICAL)

**Credit Hours(per week):Pr 04hrs
Total credit hours (per sem):Pr 60hrs**

**Total Marks: 50
Theory: 37
Internal Assessment: 13**

INSTRUCTIONS FOR PAPER SETTER:

- Paper will be set jointly by the Internal and External examiner on the spot.

COURSE OBJECTIVES:

To learn personal grooming and skin functions .

To learn the different types of makeup.

COURSE CONTENTS:

1. NAILS CARE:-

- (a) Manicure.
- (b) Hot oil manicure.
- (c) Nail art.
- (d) Pedicure.
- (e) French manicure.
- (f) Artificial nails.
- (g) Nail mending.

2. EYE CARE AND EYE MAKE-UP:-

- (a) Eye exercise, eye treatments.
- (b) Eye brow shaping.
- (c) Simple eye make-up.
- (d) Fashion eye make-up:- Dramatic, smoky eye, winged eye make-up.
- (e) Applications of fake eye lashes.

3. SKIN TREATMENTS WITH GALVANIC AND HIGH FREQUENCY.

4. PROFESSIONAL MAKE-UP.

5. FULL MAKE-UP ACCORDING TO WEDDING FUNCTION:-

- (a) Engagement make-up.
- (b) Bridal make-up.
- (c) Reception make-up.

6. CORRECTIVE MAKE-UP OF:-

- (a) Eyes, Nose, Cheeks, Jaw line, Lip line.
- (b) Dupatta setting.
- (c) Sari drapping.

BOOKS PRESCRIBED:

- Your Future in Beauty Culture Library Binding – Import, 1 June 1980 by [Lawrence M. Gelb](#) (Author)
- The Culture of Beauty III: Body Image, Media, & Self-Love Kindle Edition by [Destiny S. Harris](#) (Author) Format: Kindle Edition

COURSE OUTCOMES:

- CO1-Students will analyzes various types of mask and cosmetics.

- CO2-Students can demonstrate practical of preparing of facial mask pack and steps for Applying the pack as per requirement of skin
- CO3-Students will study standard measurements of eyebrows, color co-ordination for Different advance Make-up such as basic professional and corrective make-up
- CO4-Students will be able to apply different advance hair cut and hair styles.
- CO5Students can enhance their hairs using broaches, hair coloring, hair priming, straightening and setting

**PROGRAMME: DIPLOMA COURSE IN
COSMETOLOGY FULL TIME (ONE YEAR)
SEMESTER-II**

COURSE CODE: CS 124

COURSE TITLE: BODY THERAPY & HAIR CHEMICAL (PRACTICAL)

Credit Hours(per week):Pr 04hrs
Total credit hours (per sem):Pr 60hrs

Total Marks: 50
Theory: 37
Internal Assessment: 13

INSTRUCTIONS FOR PAPER SETTER:

- Paper will be set jointly by the Internal and External examiner on the spot.

COURSE OBJECTIVES:

To learn organizing Fashion Show Program and beauty trend programs.
To identify the Skin types & Hair types for special treatment

COURSE CONTENTS:

1. HAIR COLORING:-

1. (a) Global coloring.
(b) Hair streaking.
(c) Method of color mixing.
(d) Method of color applications.
(e) Method of Color cutting.
(h) Heena applications.
(i) Preparation of hair coloring.
2. Application of temporary, permanent, semi-permanent color.

2. HAIR DESIGNING:-

- (a) Different types of plait (at least any five).
- (b) Buns with stuffies and without stuffies.

3. SCALP MASSAGE, BODY MASSAGE.

4. HAIR CARE:-

- (a) Hair spa.
- (b) Hair polishing.

5. REBONDING

6. PERMING

7. ADVANCED HAIR CUTTS

8. PLANNING OF A SALON ON A PAPER.

BOOKS PRESCRIBED:

- Guide to Chemo Nutrition: Chemotherapy is an aggressive form of chemical drug therapy meant to destroy rapidly growing cells in the body. by Florence J. Martin | 7 November 2021
- Hair & Beauty Miracles: 21 Days New You by Sanam Mirpuri | 21 March 2021

COURSE OUTCOMES:

CO1. Students will have knowledge of Hair Structure and types of hair , different hair Treatments such as applying hair shampoo, conditioner, chemicals and mehendi.
CO2. Students will learn different hair cut and different hair style.